

TONY'S®

SPAGHETTI * GRILL

EST. 2001



BREAKFAST MENU

Breakfast served between 8.30 and 11am each day

Prices include VAT

Service charge not included

Cash and all major credit cards accepted

All breakfast items are subject to seasonal availability

Seeds and nuts are present in our kitchen

Extras and substitutions may incur extra charges

PRIMA COLAZIONE - BREAKFAST

All breakfasts are served with one slice of white, brown, low GI health, or rye toast, with preserves and butter. An extra slice on request at no additional charge. Eggs can be ordered fried, scrambled, or poached..., or scrambled egg (5) whites only at a R20 surcharge

CLASSICO.....95

Two eggs, any way you like them, three rashers bacon, grilled tomato and potato rosti

LA GRANDE.....125

Two eggs, pork sausage or beef boerewors, three rashers of bacon, sautéed mushrooms, and grilled tomato

AMERICANO.....125

Two eggs, pork sausage or beef boerewors, baked beans, sautéed onions, grilled tomato and potato rosti

PRONTO.....52

Two eggs, any way you like them - fried, scrambled, or poached, served with grilled tomato. Egg mayonnaise available at R18 surcharge

PICCOLO.....60

Single egg, three rashers of streaky bacon, grilled tomato, and a slice of toast

VEGETARIAN STACK120

Parmesan crumbed mushrooms, stacked with wilted spinach, fried zucchini, halloumi cheese and grilled cherry tomatoes

add a poached egg / or two 10/20

PASTA ALLA CARBONARA155

Spaghetti or Penne pasta, with crispy pancetta bits, egg and parmesan cheese with black pepper.

AVO TOAST68

Not so smashed avo on two slices of low GI health or rye toast, with sautéed cherry tomatoes add:

a poached egg / or two 10/20

smoked salmon trout 80gm 110

streaky bacon 28

BOLOGNA BREAKFAST98

Bolognese mince ragu and two eggs as you like, sprinkled with parmesan cheese

VENEZIANO CHEESE SCRAMBLE..92

Cheesy scrambled eggs with crispy bacon bits and fresh spring onion, set on two pieces of low GI health or rye toast

SALMONE150

Three scrambled eggs turned with smoked salmon trout ribbons (40gm), cream cheese, spring onion and avo

CHICKEN LIVER TOAST85

Creamy chicken livers, set on toast, with an egg as you prefer

UOVA BENEDETTO EGGS BENEDICT

Two poached eggs, set on either an English muffin or rye toast, and smothered in a creamy Hollandaise sauce.

Served in the following styles:

(For a Carb-free option with no muffin, set on brown mushrooms add R12)

BENEDETTO95

with crispy back bacon, or Hickory ham

FIORENTINA85

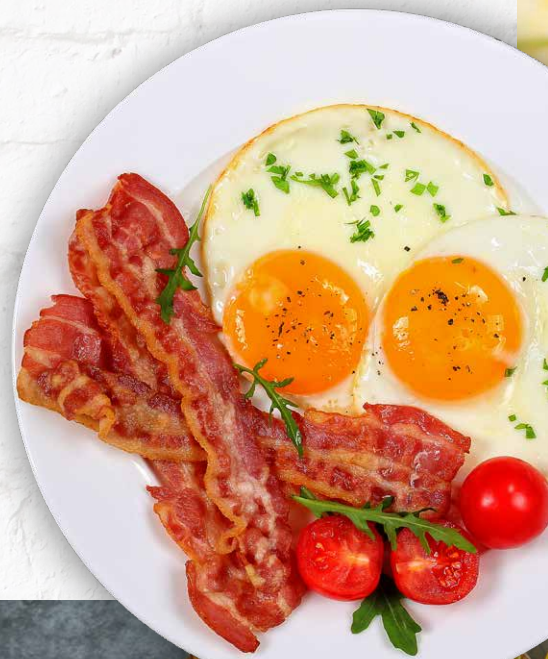
with sautéed spinach

SUPREMO105

with crispy back bacon / ham and sautéed spinach

ROYALE.....150

with smoked salmon trout (80gm)





FRITTATA - OMELETTE

Three egg omelette, served with a slice of white, brown, low GI health, or rye toast. Eggs whites only option available at a R20 surcharge (Five egg whites)

PLAIN OMELLETTE..... 55

Extra fillings:

Tomato, and Onion.....	12
Spring Onion, Peppers, Spinach, Mushrooms.....	18
Cheddar, Mozzarella, and Feta.....	20
Ham	24

Bacon, and Chourico	28
Bolognese Sauce	42
Avocado - half	32
Smoked Salmon Trout 40gm / 80gm	65/110

BUILD YOUR OWN (BYO)/BREAKFAST SIDES

Additional options to add to your breakfast, or build your own

Back Bacon, three rashers	28
Streaky Bacon, three rashers	28
Pork Sausage each	28
Boerewors (beef only).....	30
Savoury Bolognese Mince.....	44
Creamy Chicken Livers	40
Smoked Salmon Trout 80gm	110
Smoked Salmon Trout 40gm	65
Fried Banana	15
Sautéed Mushrooms	20
Sautéed Onions.....	10
Sauteed Spinach	16
Grilled Tomato Half	12
Cherry Tomatoes.....	18

Baked Beans	20
Avo - Half	32
Potato Rosti (3)	20
Hand-cut Chips.....	30
Halloumi	28
Grated Cheddar.....	20
Grated Mozzarella.....	20
Feta Cheese.....	20
Cream Cheese	18
Free Range Eggs each	10
Toast - White or brown each.....	10
Toast - Sourdough, Rye, or Low GI Health	12

PANINO TOSTATO

Toasted sandwiches, prepared with a choice of white or brown bread. Served with a salad garnish. Add a portion of hand-cut chips for R28

Bacon, egg and tomato.....	68
Plain cheese:	
Cheddar / mozzarella / mixed cheese	50
Cheddar / mozzarella / mixed cheese, with tomato.....	60
Bacon / ham, cheddar / mozzarella and tomato.....	75
Bacon / ham, egg, cheddar / mozzarella and tomato.....	80
Chicken Mayonnaise	80

CHEESE GRILLS..... 60

Two open grilled slices of rye or low GI health, with sliced tomato and mixed mozzarella and cheddar cheese

Add Crispy Bacon	28
or Avo	32

COLAZIONE LEGGERA

Breakfast on the lighter side

LIGHT AND HEALTHY 88

Fresh seasonal fruit with granola, double thick yoghurt and drizzled with honey.

OATS SO EASY..... 55

Breakfast oats served with hot, or cold milk, and honey

With sliced banana and nuts..... 70

TOAST - ON THE MOVE!

Two slices of toasted low GI health or rye bread served with either:

Anchovy / Marmite / Bovril spread with fresh sliced tomato, and pickled gherkin 50

Grated Cheddar cheese and preserves..... 50



BEVERAGES

Caffe - Coffee

FILTER COFFEE 30

CAFFE AMERICANO..... 30

Espresso served with hot water separately

ESPRESSO..... 30

Served regolare (regular), ristretto (restricted / short) or lunga (long)

ESPRESSO DOPPIO 40

Double espresso

ESPRESSO CON PANNE..... 36

With a touch of cream

CORTADO 34

Espresso with a shot of steamed milk

MACCHIATO 34

Espresso with a touch of milk and froth

CAPPUCCINO..... 38

Espresso with steamed milk and froth

CAPPUCCINO DOPPIO 46

Double shot cappuccino

CAPPUCCINO CON PANNE..... 42

With cream topping

CAFFE LATTE 40

Espresso with steamed milk

FLAT WHITE 40

MILK ALTERNATIVES & EXTRAS

Swap dairy for Almond Milk 12

Swap dairy for Oat Milk 8

Add syrup flavor - vanilla, caramel, hazelnut or almond..... 6

Caldo - Hot

CAFFE MOCHA 46

espresso and hot chocolate, with steamed milk and choc syrup

CHAI LATTE..... 46

WHITE HOT CHOCOLATE 42

With steamed milk and milk froth

HOT CHOCOLATE..... 42

With steamed milk and milk froth

MILK 28

Steamed or cold

Te - Tea

RED CAPPUCCINO..... 45

RED ESPRESSO..... 35

LOCAL 28

Ceylon and Rooibos

IMPORTED..... 32

Chamomile, Earl Grey, English Breakfast, and Green Tea

Freddo - Cold

SODAS 300ml 30 - 60

MIXERS 200ml 25

TISERS..... 42

Apple, Grape red and white.

ICED TEA 42

Peach, and Lemon.

MINERAL WATERS 33 / 52

440ml and 750ml glass bottles.

ITALIAN IMPORTED FRUIT SODAS..... 60

San Pellegrino various flavors

RED BULL..... 46

sugar free available

Juices

FRESH FRUIT JUICE 350ml..... 48

Various flavours and mixes available

FIERY GINGER SHOT 100ml 40

added to any juice, or on its own

Freezos and Shakes

AMERICAN ICED COFFEE 60

Espresso, ice cream and cream.

FROZEN MOCHA COFFEE 65

Espresso, hot chocolate, ice cream and cream.

FREEZOS 60

Iced cappuccino, choc decadence, melon sorbet, strawberry and tropical.

MILKSHAKES 60

Peanut butter, chocolate, vanilla, strawberry, lime, and bubblegum.

FRULLATO 75

Fresh mixed fruit, fruit juice and ice cream.